

Testimonials

For me, CLAN membership and the services you guys offer, is a lifesaver. Yes, I was that down, then I talked with one of the Counsellors and after my initial alarm and wary hesitation (obvious age difference) our contact over the phone became my lifeline, my baseline, and then my rope.

It is now my ladder out of the depths of the blue. They also advised and empowered me to seek other medical assistance.

The Counsellor was a team player with a holistic attitude who has gathered a great support network around me. Thank god they are team players, now my general health is improving and the PTS is under control.

Look guys, if the anger is eating you alive, offload to a Counsellor, they are professionals, there free and most of all they care.

Barry, NSW



I found out that CLAN had a Counselling service and we have a phone link up every week. My looking forward to my counselling session is becoming better and better as the week's progress.

They have helped me talk about things that were so deep down and supported me greatly during those times. They helped me where no other Medical Person has not been able to.

I appreciate you so much.

Mary, SA

Testimonials

Having been given counselling support for some weeks now, I wish to say I am most grateful for the wonderful support I have been given.

Talking with Natalie, has helped me more than I can express in words. Knowing I was able to share the most deepest of innermost concerns with her, be they worries about the past, present or possibilities of my imagining's, I was happy to find I was really being listened to. What was so good about talking with Natalie, is her ability to listen and allow whatever is being said to be said without interruption.

I really loved knowing, I can just mull things over with her as well, bouncing ideas and possibilities around made part of my time of sharing with her a jolly joyful thing really. I know I have learnt heaps about myself due to Natalie's ability to be such a good person to spend time with.

SO!! Thank you Natalie for the wonderful hourly appointments you have spent with me, I am, so very grateful for your follow through and your willingness to help me hurdle the experiences of late that have been knocking me around. It's been so good to feel so supported by you. It is really wonderful to know that you are there for myself and for our CLAN family.

I cannot thank you enough!! Thank you again for all you are doing for me.

Julie, VIC



**FREE
COUNSELLING
SERVICE**

**Free Call
1800 008 774**

www.clan.org.au

How can the CLAN Counselling Service Help You?

The CLAN Counselling Service can help Care Leavers and their families in a number of ways;

- CLAN's Counsellors are trauma informed and knowledgeable of Care Leavers' experiences and issues.
- Counselling sessions for Care Leavers or any Family members of a Care Leaver.
- Assistance in writing statements to the Royal Commission or Police.
- Advice and referrals to other agencies and services that may be able to assist you.
- Assistance to locate and apply for State Ward or Home records.
- Assistance with literacy problems to fill out forms, write letters etc.
- Advocate on behalf of Care Leavers with Churches, Charities or Government Departments who ran Orphanages, Homes, Missions or any other Institutions.

Who can use The CLAN Counselling Services?

People who were raised in orphanages, Children's Homes, Missions, Foster Care, and any other Institutions. Also anyone affected by the Royal Commission or is a Family Member of a Care Leaver.

You do not have to be a member of CLAN to use or access this service.

CLAN's counselling service is free as we call you on your landline or your mobile.

CLAN offers free telephone counselling and face to face counselling in our Sydney & Melbourne Office

Monday – Friday, 9:00am – 5:00pm
Each session goes for 50 minutes.



Free Call: 1800 008 774

How to make an Appointment;

Please call the CLAN office on
1800 008 774

To make an appointment or email us at
support@clan.org.au

Appointments are necessary as most days are fully booked.

If you are unable to keep an appointment due to illness or a sudden change of plans. Please contact the CLAN office so that we can fit another Care Leaver or their family into the session.

Please be aware that this is not a crisis service – all sessions are by appointment only.

In crisis situations please call
Lifeline - 13 11 14

or

Mensline - 1300 789 978



Free Call
1800 008 774
Po Box 164
Georges Hall NSW 2198
Support@clan.org.au
www.clan.org.au